Diabetes mellitus in pregnancy should be diagnosed by the 2006 WHO criteria for diabetes if one or more of the following criteria are met:

- **Fasting plasma glucose ≥ 7.0 mmol/l (126 mg/dl)**
- **2-hour plasma glucose ≥ 11.1 mmol/l (200 mg/dl) following a 75g oral glucose load**
- **Random plasma glucose ≥ 11.1 mmol/l (200 mg/dl) in the presence of diabetes symptoms.**